

<3つの食品グループと多くふくまれる栄養素>

Table with 4 columns: Food Group (e.g., Energy, Body Building, Balance), Nutrient (e.g., Carbohydrates, Protein, Vitamins), and corresponding icons.



☆材料購入の都合により献立を変更することがあります。

Table for Day 8 (Friday) showing menu items like '牛乳', 'ごはん', 'キャベツメンチカツ' and their respective kcal values.

Main menu table for 9 months, organized by week (4 weeks per month). Each day's menu includes item names, kcal, and ingredients. Includes special days like '敬老の日' and 'フルーツ給食'.