

<3つの食品グループと多くふくまれる栄養素>

Table with 4 columns: Food Group, Energy, Body Building, Body Regulation. Includes sub-tables for nutrients like Protein, Carbohydrates, Lipids, and Vitamins.

Main menu table for days 8-10. Columns: Water (水), Wood (木), Gold (金). Includes items like Curry, Omelette, and various soups.

家族みんなで かせ予防を!

手洗いやうがいをする 習慣を身につけて、家族でかせの予防対策をしましょう。



☆材料購入の都合により 献立を変更することがあります。



Main menu table for days 13-17. Includes items like Pasta, Udon, and various salads. Includes a 'Fruit Snack' (フルーツ給食) section with illustrations of strawberries and a bear.

給食は生きた教材 (School Lunch is a Living Textbook). Includes an illustration of a lunch tray and text explaining how to use lunch as a learning opportunity.

Main menu table for days 20-24. Includes items like Curry, Pasta, and various soups. Includes a 'Fruit Snack' (フルーツ給食) section with illustrations of vegetables and a bowl of soup.

Main menu table for days 27-28. Includes items like Curry, Pasta, and various soups. Includes a note about a special menu item.

Main menu table for days 21-22. Includes items like Curry, Pasta, and various soups. Includes a note about a special menu item.

Main menu table for days 29-31. Includes items like Curry, Pasta, and various soups. Includes a 'Fruit Snack' (フルーツ給食) section with illustrations of vegetables and a bowl of soup.

Main menu table for days 23-24. Includes items like Curry, Pasta, and various soups. Includes a note about a special menu item.

Main menu table for days 25-26. Includes items like Curry, Pasta, and various soups. Includes a note about a special menu item.