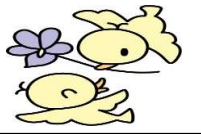


3年生は、もう卒業ですね。『学校給食』を食べるのも、これで最後になる人も多いと思います。心も体も健康になっていくためにも、これからも「食べる」ことを大切にできる大人になって欲しいと思います。



Table with 4 columns (火, 水, 木, 金) and 4 rows of menu items and ingredients with kcal values.



月 7

Table with 4 columns (8, 9, 10, 11) and 4 rows of menu items and ingredients with kcal values.

卒業式 (Graduation Ceremony) section with illustrations of two children.

Table with 1 column (14) and 4 rows of menu items and ingredients with kcal values.

Table with 1 column (15) and 4 rows of menu items and ingredients with kcal values.

Table with 1 column (16) and 4 rows of menu items and ingredients with kcal values.

Table with 1 column (17) and 4 rows of menu items and ingredients with kcal values.

Table with 1 column (18) and 4 rows of menu items and ingredients with kcal values.

春分の日 (Spring Equinox Day) section with illustrations of a child and flowers.

Table with 1 column (22) and 4 rows of menu items and ingredients with kcal values.

Table with 1 column (23) and 4 rows of menu items and ingredients with kcal values.

3月の紀の川市産の野菜は... (Vegetables produced in Wakayama City in March...) section with text and illustrations.

<3つの食品グループと多くふくまれる栄養素>

Table with 3 columns: Energy, Body Building, and Body Regulation, with corresponding nutrient groups.

☆材料購入の都合により献立を変更することがあります。